

Healthy Volunteers Wanted for Irritable Bowel Syndrome Research

Are you aged between 18-70 years old?

Do you have no Gastrointestinal Issues?

This research project aims to identify the causes and mechanisms of Irritable Bowel Syndrome (IBS). We are looking at different aspects of your everyday life and how they are associated with **gastrointestinal symptoms**.

We are looking to recruit people who have been diagnosed with IBS as well as people with gastrointestinal issues for this study. The research is very important as there is very little knowledge about the causes of IBS.

This study involves filling out questionnaires about your current health and quality of life, keeping a food and symptom diary for 3 days and collecting some biological samples. There is only **one** meeting with the research team for 15 minutes.

Your help will be rewarded with a \$20 petrol voucher.

For more details please contact:

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This project has been reviewed and approved by the HDEC. Reference: 16/NTA/21